



ORDER OF MALTA
American Association, U.S.A.
BOSTON AREA

MASSACHUSETTS, NEW HAMPSHIRE, VERMONT, AND MAINE

Cathedral Cares

Cathedral of the Holy Cross
1400 Washington Street
Boston, MA 02118
(Located in the Lower Sacristy)
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Malta Contacts

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Cathedral Cares is a parish nursing outreach program for parishioners and neighbors living in the urban communities surrounding the Cathedral of the Holy Cross in Boston's South End. This program is funded and supported by the Boston Area Order of Malta and the Cathedral of the Holy Cross Parish.

The program offers the community:

- Screening for blood pressure, blood sugar, cholesterol and hemoglobin
- Flu & Pneumonia Immunization clinics
- Nutrition education
- Advocacy support for those seeking medical care
- General health and wellness information
- Health Fairs with specialty screenings, such as Dental, Dermatology, Vision and Hearing
- Walking Rosary – a weekly, two-level exercise walking program in collaboration with the Boston Public Health Commission's Boston Steps Program

Programs are held one Sunday each month and most Tuesdays from 10:00 AM to 2:00 PM. Health Fairs are periodically scheduled.

Volunteers are needed to:

- Serve as Spanish interpreters
- Write letters and assist with general administrative tasks
- Create posters and distribute flyers
- Pick up and bring coffee and healthy, nutritious snacks for programs on Sundays and on Health Fair days
- Create a welcoming atmosphere by setting out refreshments and greeting guests
- Welcome guests as they arrive and direct them to Cathedral Cares in the Lower Sacristy

Cathedral Cares is looking to collaborate with Clinicians and Community Agencies to provide health screenings, referrals and health education. Prior partnerships include the Irish Immigration Center and African Community Health Initiatives (ACHI). Those interested are asked to contact Lynn Finn, RN, MS for additional information.

Wish List

- Detecto Physician Scale (new or gently used)
- Automated Electronic Defibrillators
- Combination DVD/VCR component for client education tapes & DVDs
- Professionally made signs for Cathedral doors to direct clients to Cathedral Cares in Lower Sacristy
- Bottled water, fresh fruit, cheese sticks, or other healthy snack food for monthly Sunday and Tuesday programs